

CY-BOCS Symptom Checklist

Children's Yale-Brown Obsessive Compulsive Scale

CY-BOCS Obsessions Checklist

Check all symptoms that apply (Items marked "*" may or may not be OCD Phenomena)

Current	Past	Contamination Obsessions	Current	Past	Sexual Obsessions
☐	☐	Concern with dirt, germs, certain illnesses (e.g., AIDS)	☐	☐	Forbidden or perverse sexual thoughts, images, impulses
☐	☐	Concerns or disgust with bodily waste or secretions (e.g. urine, feces, saliva)	☐	☐	Content involves homosexuality
☐	☐	Excessive concern with environmental contaminants (e.g., asbestos, radiation, toxic waste)	☐	☐	Sexual behavior towards others (aggressive)
☐	☐	Excessive concern with household items (e.g., cleaners, solvents)	☐	☐	Other (describe) _____
☐	☐	Excessive concern about animals / insects	☐	☐	Hoarding / Saving Obsessions
☐	☐	Excessively bothered by sticky substances or residues	☐	☐	Fear of losing things
☐	☐	Concerned will get ill because of contaminant	☐	☐	Other (describe) _____
☐	☐	Concerned will get others ill by spreading contaminant (aggressive)	☐	☐	Magical Thoughts / Superstitious Obsessions
☐	☐	No concern with consequences of contamination other than how it might feel *	☐	☐	Lucky / unlucky numbers, colors, words
☐	☐	Other (describe) _____	☐	☐	Other (describe) _____
		Aggressive Obsessions	☐	☐	Somatic Obsessions
☐	☐	Fear might harm self	☐	☐	Excessive concern with illness or disease *
☐	☐	Fear might harm others	☐	☐	Excessive concern with body part or aspect of appearance (e.g. dysmorphophobia) *
☐	☐	Fear harm will come to self	☐	☐	Other (describe) _____
☐	☐	Fear harm will come to others (maybe because of something child did or did not do)	☐	☐	Religious Obsessions
☐	☐	Violent or horrific images	☐	☐	Excessive concern or fear of offending religious objects
☐	☐	Fear of blurting out obscenities or insults	☐	☐	Excessive concern with right / wrong morally
☐	☐	Fear of doing something embarrassing *	☐	☐	Other (describe) _____
☐	☐	Fear will act on unwanted impulses (e.g., to stab a family member)	☐	☐	Miscellaneous Obsessions
☐	☐	Fear will steal things	☐	☐	The need to know or remember
☐	☐	Fear will be responsible for something else terrible happening (e.g. ,fire, burglary, flood)	☐	☐	Fear of saying certain things
☐	☐	Other (describe) _____	☐	☐	Fear of not saying just the right thing
			☐	☐	Intrusive (non-violent) images
			☐	☐	Intrusive sounds, words, music or numbers
			☐	☐	Other (describe) _____

Target Symptom List for Obsessions

OBSSESSIONS (describe, listing by order of severity, with #1 being the most sever, #2 second most severe, etc):

1. _____
2. _____
3. _____
4. _____

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CY-BOCS Compulsions Checklist

Check all symptoms that apply (Items marked "*" may or may not be OCD Phenomena)

Current	Past	Washing / Cleaning Compulsions	Current	Past	Hoarding / Saving Compulsions
☐	☐	Excessive or ritualized hand washing			Distinguish from hobbies and concern with objects of monetary or sentimental value.
☐	☐	Excessive or ritualized showering, bathing, tooth brushing, grooming, toilet routine	☐	☐	Difficulty throwing things away, saving bits of paper, string, etc.
☐	☐	Excessive cleaning of items, such as personal clothes or important objects	☐	☐	Other (describe) _____
☐	☐	Other measures to prevent or remove contact with contaminants			Excessive Games / Superstitious Behaviors
☐	☐	Other (describe) _____	☐	☐	Distinguish from age appropriate magical games (e.g. array of behavior, such as sleeping over certain spots on a floor, touching an object / self certain number of times as a routine game to avoid something bad from happening)
☐	☐	Checking Compulsions	☐	☐	Other (describe) _____
☐	☐	Checking locks, toys, school books / items, etc.			Rituals Involving Other Persons
☐	☐	Checking associated with getting washed, dressed, or undressed	☐	☐	The need to involve another person (usually a parent) in ritual (e.g. asking a parent to repeatedly answer the same question, making mother perform certain mealtime rituals involving specific utensils) *
☐	☐	Checking that did not / will not harm others	☐	☐	Other (describe) _____
☐	☐	Checking that did not / will not harm self			Miscellaneous Compulsions
☐	☐	Checking that nothing terrible did / will happen	☐	☐	Mental rituals other than checking / counting
☐	☐	Checking that did not make mistake	☐	☐	Need to tell, ask or confess
☐	☐	Checking tied to somatic obsessions	☐	☐	Measures (not checking) to prevent :
☐	☐	Other (describe) _____	☐	☐	harm to self
☐	☐	Repeating Rituals	☐	☐	harm to others
☐	☐	Rereading, erasing, or rewriting	☐	☐	terrible consequences
☐	☐	Need to repeat activities (e.g. in / out of doorway, up / down from chair)	☐	☐	Ritualized eating behaviors *
☐	☐	Other (describe) _____	☐	☐	Excessive list making *
☐	☐	Counting Compulsions	☐	☐	Need to touch, tap, rub *
☐	☐	Objects, certain numbers, words, etc.	☐	☐	Need to do things (e.g. touch or arrange until it feels just right) *
☐	☐	Other (describe) _____	☐	☐	Rituals involving blinking or staring *
☐	☐	Ordering / Arranging	☐	☐	Trichotillomania (hair-pulling)
☐	☐	Need for symmetry / evening up (e.g. lining items up a certain way or arranging personal items in specific patterns)	☐	☐	Other self-damaging or self-mutilating behaviors *
☐	☐	Other (describe) _____	☐	☐	Other (describe) _____

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Target Symptom List for Compulsions

COMPULSIONS (describe, listing by order of severity, with #1 being the most severe, #2 second most severe, etc):

1. _____
2. _____
3. _____
4. _____